

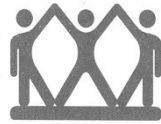
Starting a Community Garden in Waterloo Region 2007



**Community Garden Council
of Waterloo Region**

**Produced by a Community
Partnership Initiative with the
Contributions of:**

**Kitchener Waterloo Community
Foundation**



THE KITCHENER
AND WATERLOO
COMMUNITY
FOUNDATION

Opportunities Waterloo Region



**Region of Waterloo Public Health,
Healthy Communities and Policy Program**



Region of Waterloo
PUBLIC HEALTH

Purpose of the Booklet

This booklet has been prepared to support agencies, community groups and individuals interested in starting community gardening initiatives.

The booklet provides the basic information necessary to start a community garden, lists the benefits of community gardening, and describes the role of the Community Gardening Council of Waterloo Region in promoting community gardens as a local food initiative that brings many benefits to the community. The last section of the booklet lists current community gardens in the Region.

TABLE OF CONTENT

- I. HOW TO START A COMMUNITY GARDEN 1
 - A) What is a community garden? 1
 - B) Benefits of community gardening 1
 - C) The steps of starting a community garden: A quick look..... 2
 - D) What do you need to start a community garden? 3
 - E) Preparing the community garden site 4
 - F) Finding sponsorship and partners for your community garden..... 5
 - G) Tips for a successful community gardening experience..... 6
 - H) Reference and Resource List..... 7

- II. THE COMMUNITY GARDEN COUNCIL of WATERLOO REGION 8

- III. COMMUNITY GARDENS IN WATERLOO REGION..... 10
 - A. Community Gardens in the City of Kitchener 11
 - 1. Bridgeport Hispanic Agricultural Group 11
 - 2. Cedar Hill Community Garden 11
 - 3. Centreville Chicopee Community Garden..... 11
 - 4. Chandler-Mowat Community Garden 12
 - 5. City of Kitchener Allotment Garden Plots..... 13
 - 6. Courtland-Shelley Community Garden 13
 - 7. Doon-Pioneer Park Community Garden 14
 - 8. Forest Hill United Church Community Garden 14
 - 9. George Lippert Park Community Garden..... 15
 - 10. Green Rural Opportunities for Waterloo Region
(GROW Herbal Gardens)..... 15
 - 11. Kingsdale Community Garden 16
 - 12. May Place Community Garden..... 17
 - 13. Peace and Carrots Labyrinth and Community Garden 17
 - 14. Queen’s Greens Community Garden..... 18

15. Rosemount Millennium Community Garden.....	19
16. Steckle Gardens	19
17. The Kitchen Community Garden	20
18. Trinity Village Community Garden	21
19. Victoria Hills Multicultural Community Garden	21
B. Community Gardens in the City of Waterloo.....	22
1. Beaver Creek Housing Co-op Community Garden.....	22
2. Brighton Yards Co-operative Housing Community Garden	22
3. Christ Lutheran Church Community Garden	23
4. McDougall Road Garden.....	23
5. Mount Zion Community Garden.....	24
6. Regal Acres Community Garden	24
7. Sunnydale Friendship Community Garden.....	25
8. The Good Earth Garden.....	25
9. The University of Waterloo Community Garden.....	26
C. Community Gardens in the City of Cambridge	27
1. Fiddlesticks Neighborhood Association Community Garden.....	27
2. Popcorn House Community Garden.....	27
D. Community Gardens in Other Parts of the Region	28
<u>Elmira</u>	
1. Woolwich Community Gardens.....	28
<u>New Hamburg</u>	
2. Living Waters Community Garden.....	28
3. Wilmot Community Garden	29
<u>St. Agatha</u>	
4. Diversity Gardens	29
Appendix A - Low – No cost Equipment and Supplies Source	31
Appendix B - Price List for Supplies	32
Appendix C – Municipal, Call Before Digging, and Master Gardener List.....	33

I. HOW TO START A COMMUNITY GARDEN

A. What is a community garden?

Community gardens are places where people come together to grow vegetables, herbs, fruits and flowers. In Waterloo Region community gardens are run by churches, neighborhood associations, non profit organizations, community agencies, clubs, private landowners, municipalities... just about anyone.

B. Benefits of community gardening

Community gardens offer people and the community many benefits. They provide opportunities for both recreational gardening and food production in vacant lots, the yards of housing complexes, apartment buildings or spaces donated by churches and private land owners. Community gardens are also great for the environment. Food grown locally reduces green house gases produced by long distance transportation of food. Gardens also contribute to biodiversity of species.

Community gardens are great for people. Community gardens can be a part of a healthy lifestyle in that they:

- provide fresh, safe, affordable herbs, fruits and vegetables
- help relieve stress and get people active
- provide social opportunities
- reduce age and cultural barriers; people of all ages and cultures can do it
- give people an opportunity to learn how to grow, harvest, and prepare the foods they like

Community gardens benefit the community as they help:



- build welcoming, safer communities
- improve the look of the neighbourhood
- reduce pollution & connect people to nature
- provide a common meeting area where people can learn and share with each other

C. The steps to starting a community garden: A quick look:

Contact the Community Garden Council for help to:

- Form a planning group and create a garden plan
- Choose a garden site and sign an agreement for land use
- Prepare and develop the site
- Research previous land use to determine if soil testing is needed
- Obtain local support and sponsorship for resources like tools, water barrels, compost bins or money
- Find a water source and sign an agreement for water use
- Get sponsorship for an insurance policy
- Call the city and hydro before digging the garden to avoid cutting any lines
- Promote the garden and recruit gardeners
- Hold a garden meeting to discuss the garden layout and rules
- Book garden work days to dig the garden, lay out the plots and walk paths and prepare the soil
- Involve gardeners in all tasks like building a garden shed, planting flowers around the garden site, clean-up and harvest
- Plan fun events like potlucks and garden workshops
- Host a community event to showcase your garden

Form a committee- develop a plan

Get a group of enthusiasts together. Put out a call of interest throughout the neighbourhood – places of worship, community centres, library, etc...

Set-up regular meetings – make them casual & fun.

Make a list of what your ideal garden will look like, who it will involve and what you will need to get started.

Research other community gardens for suggestions.

Contact the Community Garden Council.

Create a plan; list the steps you will take and prioritize.

The plan should include:

- Location of the garden.
- Partnership development.
- Communication and promotion.
- Equipment and storage needs.
- Budget, fund raising and sponsorship.

Divide the work evenly. Avoid taking on too much!

Elect a co-ordinator and a secretary to plan meetings and coordinate the information.



D. What do you need to start a community garden?

Resources needed

- land
- water
- seeds, seedlings, bulbs, bedding plants, cover crop seeds
- topsoil, compost, manure
- mulching materials such as shredded leaves, hay, shredded bark, wood chips
- insecticidal soaps, hand-held sprayers

Finding Land

Site must be accessible, - Ideally within the neighbourhood.

Site should be visible - where people feel safe.

Check into previous land use history re: potential contamination. Ask city or township planners if the land was ever used for industrial or landfill purposes.

Soil - testing - should be considered if the history of land use is suspicious or is next to a busy highway, rail corridor or gas station.

Condition of the Soil - Is the soil suitable for what you want in the garden? Ask the landowner about the type of soil or whether salt from snow removal might be an issue.

Underground lines - Are there any underground tiles, hydro or telephone lines?

Locate a source of water or plant drought resistant plants. Some businesses will donate water tanks; some organizations donate access to water.

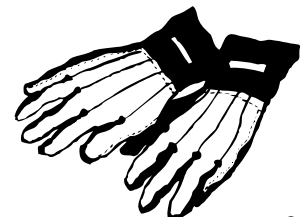
Light and shade - Most plants require full or partial sun four-eight hrs/day. Garden plots with less than four hours of sun will require shade tolerant plants. Use shady areas for a shed or picnic table.

Legalities - Landowners may ask you to sign a lease or land-use agreement, or liability waivers.

Equipment and supplies needed

- a wheelbarrow and garden cart
- garden hose, spray nozzles, hose reel
- rain barrel or water tank, watering cans
- rotor - tiller
- gates and fencing, wood, plastic, chain link fence, post and wire, snow fences
- bulletin board, signs
- tool and storage shed
- compost bins
- benches and picnic tables
- locks
- 4x4 and 6x6 timbers for constructing raised beds

And the most importantGardeners !!!!



E. Preparing the community garden site

Preparing the site will take some planning and team work. Things to think about are the preparation of the land, garden size and space and garden design.

Preparing the Land

Soil type: Soil type depends on the amounts of ground clay, sand and silt. Test the soil by filling a glass jar with 1/3 of soil and fill with water. Close the jar and shake. Let it settle overnight. Sand sinks to the bottom, then silt, and clay settles on top – organics will float on top. An even mixture of each type is preferable.

pH level: Most garden plants like a slightly acidic to a neutral soil (6.2 – 7.0 pH). Extremes of acidity or alkalinity may interfere with growth or kill the plants. For too acidic soil, add bone-meal and egg shells; too alkaline, add pine needles or garden sulphur.

Soil nutrients: Plants will make their best response to a balanced feeding program. The key nutrients are Nitrates, Phosphate, Potash and Calcium. Composting and adding organic fertilizers will help feed your garden.

Weeds: Barriers like cardboard, black plastic or old carpets, mulch, hand weeding and corn meal gluten are all natural ways to control weeds.

Insects: Beneficial insects like lady bugs, spiders, praying mantises eat and control the numbers of pesky insects.

Garden size, space and design

Gardens can be grown in communal or individual plots. Some gardens set aside a plot to donate food for local soup kitchens or food banks while other gardens create accessible plots with raised garden beds or plots for children.

These are some considerations for your planning group:

- Size of communal or individual plots. Individual plots are often 10' x 10' or 10' x 20' or 20' x 20'.
- Size of the garden pathways: about 3 feet across, covered with mulch.
- Area to place the compost bins or water containers.
- Where to put a tool shed – shaded area?
- Space to hold community events, meetings, workshops.
- Garden blueprint using natural design – shaded plants around tree bases, rock garden on hill slope, etc...



F. Finding sponsorship and partners for your Community Garden

Starting your community garden will be easier if you form local partnerships and get sponsorship for your garden. Finding support for your garden requires a well laid plan, an idea of the cost of your project, who will be involved and how you will promote it. But it also involves enthusiastic champions who are willing to talk about the project to potential sponsors and partners. There are a variety of places to look for resources and support for your garden start-up.

Finding Sponsorship

Businesses: Try asking for donations from local garden centres or stores. Some retailers may donate items like tool sheds, tools, seeds – create a wish list before you ask.

Corporations: Some companies will provide corporate funding and sponsorship in exchange for publicity. Offer to post signage in exchange for sponsorship.

Municipalities: Municipalities may provide land use and bylaw information. They may have land available for a garden site. Some municipalities may have special environmental or social grants that you may apply for.

Politicians: Call your ward councilor and promote your plan. Ask for advice re: political in-roads or road blocks you might be experiencing. Invite them to a committee meeting.

Service clubs: Some clubs may provide start-up funds and may ask you to give a presentation to their group. Have a work and budget plan ready.

Neighbourhood centres and places of faith: Some of these community organizations will sponsor your garden or donate the use of land, water, and other in-kind services like administrative support and meeting places.

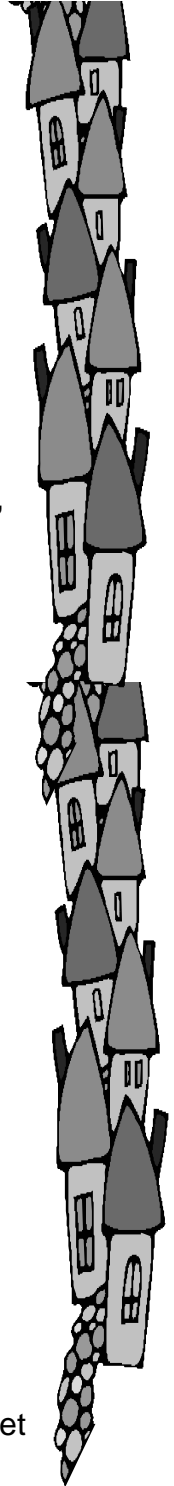
Foundations: Several local foundations exist that may consider funding your garden as well as new projects you may want to start in the garden like children's garden programs.



G. Tips for a successful community gardening experience

- C**hoose a place in a sunny location with good soil and drainage. The place should be within walking distance from where the gardeners live. The place should be accessible by foot and wheelchair.
- O**rganization is important. You will need a garden facilitator and one or two committees to run the garden smoothly.
- M**oms, dads, children and everybody else are welcome at the community garden.
- M**eetings are important. Set a schedule of meetings where you can discuss mutual concerns as a group.
- U**se the garden for community events: to display the work of young artists, to teach children about nature and the environment, to celebrate diversity.
- N**ew gardeners need to be informed about rules that relate to garden use, participation at events, meetings, use of resources, disposal of garbage, cleaning, insurance, etc.
- I**nnovation pays off: be creative, raise garden plots for seniors and people with physical disabilities, have garden plots for children, a picnic table, a bulletin board, etc.
- T**ry to include everyone! Your community will benefit if you plan fun activities for the whole family: picnics, family days, recipe contests, etc.
- Y**our gardeners need to know all the tasks that need to be shared collectively month by month at the garden. Keep a schedule!
- G**enerate good communication between all participants. Discuss the best way to keep everyone informed.
- A**sk gardeners how to improve their gardening experience. Be open and listen. Keep a suggestion box at the garden
- R**emember that you are there to make friends, to know your neighbours and to improve the life of your community.
- D**evelop partnerships within the community: get your garden listed in the Community Garden Council brochure.
- E**nsure that at the end of the gardening season, participants have the opportunity to value their experience.
- N**eighborhoods benefits from community gardens! It is a safe place to meet people and talk about many things!
- S**tart small: you can always expand.

Reference & Resource List:



Berman, L. (1997) How does our garden grow? A guide to community garden success. FoodShare Metro Toronto

Feldt, Barbara Hobens (2005). Garden your city. Lanham, MD: Taylor Trade Publishing,

Macdonald S., & Newton, G. (2000) Building Community Gardens: Good Work, Good Food, Community Spirit. Sponsored by the Working Centre, Funded by the City of Kitchener, Community Infrastructure Program

Payne, K. & Fryman, D., (2001) Cultivating Community: Principles and Practices for Community Gardening as a Community-Building Tool. American Community Garden Association

Rubin, C. (1989) The organic approaches to home gardening. Friends of the Earth-Canada.

These resources and others are available at:

Region of Waterloo Public Health Resource Centre
99 Regina Street South,
Waterloo, ON
N2J 4V3
Tel. 883 2256, Fax 883 2241



II. THE COMMUNITY GARDEN COUNCIL OF WATERLOO REGION

Who supports community gardens in Waterloo Region?

Community gardens are supported by a variety of different people at many levels. Gardeners help plan, plant and volunteer at their own community gardens. Volunteer coordinators help organize the gardens and gardeners. They are the garden contact for their community garden and often organize resources for their gardens.

Businesses, local organizations and ordinary citizens support community gardens in many different ways. Often they support gardens by:

- donating time, services or garden materials
- offering discounts to gardeners
- providing good land, water and sponsorship
- giving monetary support

Governments may support community gardens by adopting garden friendly policies, offering paid staff support or financial incentives for gardening, freeing up accessible green space, providing previous land use information and donating resources important to gardens like water and compost containers, compost, and wood chips. Some municipalities provide more practical services like rotor - tilling.

The Community Garden Council of Waterloo Region is a group of garden coordinators, gardeners, and volunteers interested in building community and supporting urban agriculture. We are an umbrella organization connecting community gardens in Waterloo Region. We started in 1997 with the help of Region of Waterloo Public Health, the Food Bank of Waterloo Region, the Working Centre, community members, and local gardeners. Region of Waterloo Public Health supports urban agriculture through community capacity building support to the Council.

Our Mission is to promote and support community gardens throughout Waterloo Region. We envision a strong, supportive, infrastructure giving people access to land to plant and harvest their own food. We promote and maintain a healthy community gardening movement in the Region through public education, skill building, linking resources and people to community gardens, and information sharing among gardens.

Currently, no membership fees are required to belong to the Community Garden Council. Members participate actively in the Council - planning and carrying out activities. The Council generally meets every month and welcomes new members or interested persons to these meetings. Volunteers for special events are always welcome.

Annual general membership meetings are being planned which we hope all gardeners will attend and become active supporters of the garden movement.

Currently, 34 Community Gardens are in operation throughout the Region. If you want to start a community garden, join an existing community garden, or need information on community resources for gardening, please call Region of Waterloo Public Health at 519-883-2004 or visit the web page at www.region.waterloo.on/ph, click on resources, then community gardens.

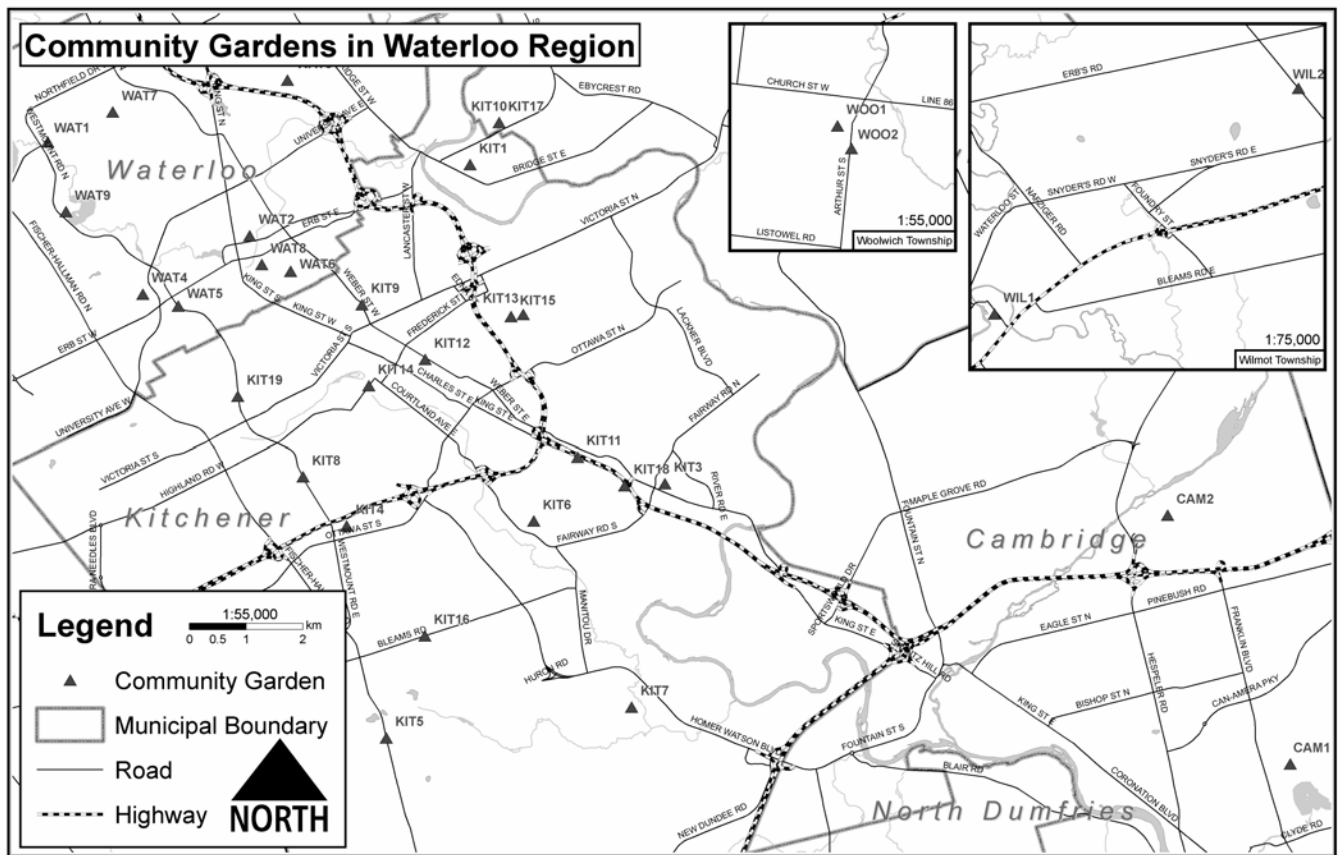


III. COMMUNITY GARDENS IN WATERLOO REGION

Where are community gardens located in Waterloo Region?

The following pages list community gardens in Kitchener, Waterloo, Cambridge, and surrounding areas. The information describing each garden was updated by the garden coordinators early 2007. Please be aware that changes may occur at any time.

The Community Garden Council and Region of Waterloo Public Health are not responsible for the information describing each garden.



A. Community Gardens in the City of Kitchener

1. Bridgeport Hispanic Agricultural Group

Sponsored by: Catholic Diocese

Garden Location: Bridgeport off Schweitzer Rd. Land owned by the Holy Family Croatian Catholic Church.

Garden size: 8 - 10 acres

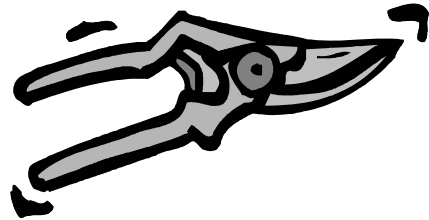
No. of plots: 41 plots

Plot size: 100' x 100'

Cost per season: unknown

Services provided: Land, ploughing and fertilizing

Open to: All Latin American families



Families share individual and family plots on this property. The use of the land is negotiated each year with the Catholic Diocese. Promotion of the garden is done through the D-W and the Catholic Refugee Committee, and efforts are made to reach immigrants from Latin America.

Contact information currently not available.

2. Cedar Hill Community Garden - This garden is on hold in 2007.

Sponsored by: Cedar Hill Neighbourhood Association

Garden location: New location needed

3. Centreville Chicopee Community Garden

Land is available to garden. Gardeners needed.

Sponsored by: Centreville Chicopee Community Centre

Garden location: Centreville Chicopee Community Centre, 141 Morgan Avenue, Kitchener

Garden size: Not available

No. of plots: One large collective plot, that can be divided into eight small size plots

Plot size: Varies

Cost per season: None

Services provided: Land and water

Open to: Residents of the surrounding neighbourhood

This garden was started in 1998 by community members with assistance from the Food

Bank of Waterloo Region.

For information contact:

Tel. 519-741-2490

4. Chandler-Mowat Community Garden

Sponsored by: Chandler Mowat Community Centre

Garden location: Chandler Park

Garden size: Not available

No. of plots: 50

Plot size: Not available

Cost per person: Call for information

Services provided: Land, water, use of garden shed, participation in gardening events for families, and educational activities

Open to: Residents of surrounding neighbourhood

This garden is located in a high density residential neighbourhood and serves many new Canadians. The garden grew to its present size in May, 1999, with support from the Food Bank of Waterloo Region, the City of Kitchener, and a partnership with the Chandler Mowat Community Centre. The City of Kitchener provided land in Chandler Park. The Home Depot donated a garden shed (2000) and Chandler Mowat Community Centre provides a free source of water.

Garden activities include: garden opening and blessing, activities for children, picnics and meetings with gardeners. Upcoming events include: canning workshops, children's programs, and a harvest celebration.

For information contact:

Tim and Kathy Elliott

Chandler Mowat Community Centre

222 Chandler Drive

Kitchener, ON N2E 3L7

Tel. 519-570-3610



5. City of Kitchener Allotment Garden Plots

Sponsored by: The City of Kitchener

Garden location: 1541 Fisher Hallman Road behind the Williamsburg Cemetery

Garden size: Not available

No. of Plots: 147

Plot size: 20' x 20'; maximum two plots per family.

Cost per season: \$20.25

Services provided: Land, tilling, fertilizing with compost, and water access

Open to: Residents of the City of Kitchener

This garden is located on land owned by the City of Kitchener. Plots are rented to gardeners each season. Gardeners may have the same plots every year. Gardeners are expected to plant by the end of May and keep plots free of weeds.

For information contact:

City of Kitchener

82 Chandler Drive, Kitchener ON N2E 1G6

Tel. 519-741-2557

6. Courtland-Shelley Community Garden

Sponsored by: Courtland-Shelley Community Centre

Garden location: Vanier Park

Garden size: Not available

No. of plots: 20

Plot Size: 10' x 10'

Cost per season: \$ 10.00

Services provided: Land, garden tools, and water

Open to: Residents of surrounding neighbourhood, primarily Courtland-Shelley townhouse residents

This garden has real diversity with people from many different cultures. Learn about gardening and different cultural practices!

For information contact:

Doreen West-Gemmell

Courtland-Shelley Community Centre

1064 Courtland E. Kitchener, ON

Tel. 519-571-7953

Fax: 519-571-7591



7. Doon- Pioneer Park Community Garden

Sponsored by: Doon-Pioneer Park Community Centre

Garden location: 150 Pioneer Drive, Kitchener

Garden size: Not available

No. of plots: 16

Plot size: Narrow pie shaped plot 22' long

Cost per season: \$10.00

Services provided: City of Kitchener land, water tank, use of shed and tools

Open to: Neighbourhood residents

Doon Pioneer Park Community Garden offers 16 individual plots for organic food production.

The garden was designed in the form of a wagon wheel with a medicine (herb) wheel in the centre to pay tribute to the native and pioneer heritage of the area. Flower gardens and some raspberry canes surround the fenced-in individual plots. A reclaimed barn-board shed holds tools and resource material for gardeners. Plots are planted individually, but the flower gardens and pathways are cared for communally.

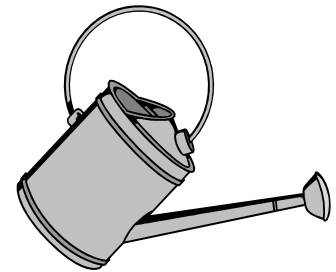
For information contact:

Sandra Lachance

Doon Neighbourhood Community Garden

Tel. 519-748-4665

sdlachance@golden.net



8. Forest Hill United Church Community Garden

Sponsored by: Forest Hill United Church

Garden location: Next to the Forest Hill United Church

Garden size: 36' x 40'

No. of plots: 9 – Please call to check whether new plots are available in 2007.

Plot size: 10.5' x 11.5'

Cost per season: None

Services provided: Garden shed and tools, land, composting, fertilizing, water, and woodchips

Open to: Individuals and families

In the spring of 1996, a group of volunteers from the Forest Hill United Church started a small potato patch on church property. They were responding to the social assistance cutbacks and the increasing demand on the Food Bank of Waterloo Region's services. In 2002 the Waterloo Region Community Gardens Network provided a grant to support the purchase of used lumber to create raised garden beds and defined pathways.

For information contact:
Stephen Bailey
Forest Hill United Church
121 Westmount Rd. East, Kitchener
Tel. 519-741-1296

9. George Lippert Community Garden

Sponsored by: Mount Hope/Breithaupt Park Neighbourhood Association
Garden location: This garden is located in George Lippert Park on Weber Street in Kitchener, between Louisa Street, Ahrens Street and Wilhelm Street.
Garden size: 1,000 sq. ft
No. of plots: 10
Plot size: 10' x 10'
Cost per season: \$10.00
Service/equipment provided: water
Open to: Anyone interested in organic gardening, but especially residents in surrounding neighbourhoods.

This garden is an initiative of the Mount Hope/Breithaupt Park Neighbourhood Association. It started in May 2002 with the support of the City of Kitchener, and a grant from the Waterloo Region Community Garden Network to cover the start-up costs. It is open to anyone interested in growing their own vegetables, herbs, and flowers.

For information contact:
Ann Voisin
Tel. 519-578-8638; available evenings

10. Green Rural Opportunities for Waterloo Region (GROW Herbal Gardens)

Sponsored by: The Working Centre
Garden location: This garden is located on Kraft Drive and is the second driveway off Bloomingdale Road in Kitchener
Garden size: 1.5 acres
No. of plots: Single collective plot
Cost: None
Services provided: Land, water, seeds, tools, compost, shed, greenhouse, and training in gardening skills development

GROW Herbal Gardens is a non-profit project that provides mental health consumer survivors with a garden of therapy and enterprise, and with the training and skills necessary to maintain it. Volunteers of the GROW garden produce organically grown herbs and quality herbal products to sell to the larger community. The site includes a native herb garden, a medicinal garden, culinary herb beds, an herbal dye garden, and a scented, butterfly attracting garden. A must see!

GROW sells its products - including fresh and dried herbs, spice mixes, herbal vinegars and oils, tea blends, bath products, gift baskets, and more - at 43 Queen Street South in Kitchener.

For more information contact:
The Working Centre
Amaryah deGroot
Tel. 519-749-9177 ext. 238
amaryah@theworkingcentre.org

11. Kingsdale Community Garden

Sponsored by: Kingsdale Neighbourhood Association

Garden location: This garden is located in the Unity Centre of Practical Christianity at 2631 Kingsway Dr. in Kitchener

Garden size: 1000 sq. ft.

No. of plots: 10

Plot size: 10' x 10'

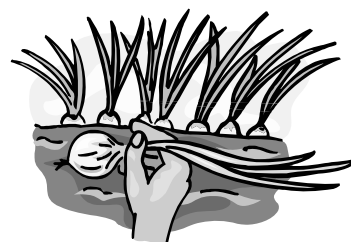
Cost per person: \$10.00

Services/equipment provided: Land, garden tools, and water. The garden also hosts community events.

Open to: Residents of surrounding neighbourhood

The garden started in May 2002 and is sponsored by the Kingsdale Neighbourhood Association, with organizational support from Youth Safer Community Kingsdale Project, the City of Kitchener and the Waterloo Region Community Garden Council. The Community Garden Council provided a grant to support the start up costs of the garden.

For information contact:
Kingsdale Community Centre
Attn: Debbie Oatman
80 Wilson Ave.
Kitchener, ON N2C 1G5
Tel. 519-748-6463



12. May Place Community Garden

Sponsored by: The Working Centre

Garden location: This garden is located near the corner of Cedar Street and Weber Street in downtown Kitchener.

Garden size: Not available

No. of plots: 8

Plot size: 10' x 10'

Cost per person: \$10.00 plus deposit

Services/equipment provided: Tools, composting, and water

Open to: Surrounding neighbourhood

May Place is a small, raised bed garden with eight individual plots. It was built by the neighbourhood and is supported by The Working Centre.

For information contact:

Karin Kliewer

The Working Centre

43 Queen St. South,

Kitchener, ON N2G 1V6

Tel. 519-749-9177



13. Peace and Carrots Labyrinth and Community Garden

Sponsored by: St. James Rosemount United Church

Garden location: Next to the St. James Rosemount United Church at 171 Sherwood Avenue, Kitchener, ON N2B 1K2.

Garden size: 55' x 75'

No. of plots: 16

Plot size: 5' x 20'

Cost per season: \$20.00 with \$10.00 refundable as long as year-end cleanup is done.

Special arrangements can be made for low income gardeners.

Services provided: Land, water, use of tools, garden shed, sitting area, family events, and educational activities

Open to: All residents of Waterloo Region

The Community Garden began in the Spring of 2000 as a means to help fulfill the mission goal of St. James Rosemount United Church - "to provide an active outreach to the community." Construction of the garden received financial and in-kind support from the business community, two levels of government, the gardeners, St. James Rosemount United Church and church members.

Out of the sixteen garden plots, one is gardened communally with the produce going to St. John's Soup Kitchen. The plots are flat and well drained with rich, loose soil.

A barn-board garden shed is stocked with many tools and there are two water taps in the garden for easy hand watering.

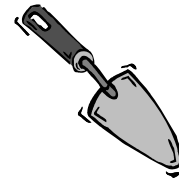
The garden is pretty and tidy. The entrance to the garden is a rustic arbour. A shrub and perennial flower garden runs along the front. The wood chip pathways look great and also retain moisture and keep the weeds down. Recently, a Peace Pole that displays the sign "May Peace Prevail On Earth" in Arabic, English, Hebrew, Seneca and Braille was installed. The Peace Labyrinth is open to the public 24 hours a day. A labyrinth is a 5,000 year old tool used for meditation, healing and spiritual growth. Everyone is welcome to walk the labyrinth in to find his/her personal inner peace and enjoy the beauty of the garden.

Principles of organic gardening must be followed. Seminars and events are planned to expand gardening knowledge, share ideas, and foster friendship.

For information contact:

St. James Rosemount United Church at 519-742-1002

14. Queen's Greens Community Garden



Sponsored by: The Working Centre

Garden location: This garden is located in downtown Kitchener on the corner of Queen and Mill, across from Joseph Schneider Haus.

Garden size: Not available

No. of plots: 25

Plot size: 10' x 10' and 10' x 20' (raised bed)

Cost per season: \$10.00 and \$20.00

Services/equipment provided: Land, water, compost and use of tools and shed

Open to: Kitchener downtown residents

Started in 1998, this is a raised bed garden with a developing fruit plot and native flowers. It was built by neighbourhood residents with financial support from the City of Kitchener and corporate donations. The garden is located directly across the street from J.M. Schneider Haus which is a local tourist attraction. The innovative ideas, skills, and efforts of the gardeners at Queen's Greens have ensured that the Queen's Greens itself is an attraction.

Some highlights of the garden include natural landscaping using native plants, berry bushes, the artwork of Andy MacPherson on the water tank, a Community Bake Oven and a children's garden.

For information contact:

Yvonne Ip

Tel. 519-585-1588

15. Rosemount Millennium Community Garden

Sponsored by: Reformation Lutheran Church

Garden location: 456 Krug Street in Kitchener, beside Reformation Lutheran Church (between River Road and Edna Streets)

Garden size: Not available

No. of plots: 14

Plot size: 10' x 10'

Cost per season: \$20 per season, with \$10 refundable as long as year-end cleanup is done

Services provided: Land and water

Open to: All residents of Kitchener Waterloo

This is a raised bed garden framed with wood. It has an herb garden and a sitting area, and watering is done by hand from rain barrels. The produce from one of the plots is donated to the Food Bank of Waterloo Region and Anna Kaljas Homes. This garden has perennial flowerbeds, with some bushes dedicated as a memorial. There are usually lots of sunflowers.

Gardeners sign an agreement that outlines the rules of the garden at the beginning of each garden season. The gardens must be planted by the end of May using organic methods of soil enrichment and pest and weed control. Gardeners are expected to participate in group activities such as compost and wood chip deliveries. Meetings are held from time to time.

For information contact:

Violet Grimm

Tel. 519-743-9188

or

Linda Bluhm

Tel. 519-748-6620



16. Steckle Gardens

Sponsored by: J. Steckle Heritage Homestead

Garden location: 811 Bleams Road, Kitchener

Garden size: Varies

No. of plots: Varies

Plot size: Varies

Cost per season: Varies depending on the number of plots, membership type, community etc.

Services provided: Land and water

Open to: School groups, youth organizations, families and individuals

The J. Steckle Heritage Homestead, located on 15.6 acres in the city of Kitchener, is a non profit community-based organization dedicated to providing agricultural, environmental and cultural programs to children and families in the Region of Waterloo. The Steckle Homestead settled in 1833 operates programs from April to November. These include Early Years and school programs and summer Agriventure Farm camp, as well as events such as summer Harvest Celebration and the UNICEF Family Fun Days.

For information contact:
J. Steckle Heritage Homestead
811 Bleams Rd., Kitchener, ON N2E 3X4
Tel. 519-748-4690
<http://www.stecklehomestead.ca>
info@stecklehomestead.ca



17. The Kitchen Community Garden

Sponsored by: St. John's Community Kitchen
Garden Location: 50 Kraft Drive, Kitchener
Garden Size: Not Available
No. of plots: Single large collective plot
Cost per season: None
Services provided: Land
Open to: People involved with the St. John's Community Kitchen, anyone can inquire

The Kitchen Community Garden is a volunteer operated garden providing bushels of fresh, organically grown vegetables, berries, herbs and flowers for St. John's Kitchen. Located on Kraft Drive, the second driveway off Bloomingdale Road in Kitchener, the garden provides a unique opportunity for volunteers to spend satisfying, quality time out of the downtown while working in the garden to produce fresh produce to take back home. The Kitchen Garden shares a large greenhouse and garden tools on the site with GROW Herbal Gardens. This garden provides a great opportunity to learn about small-scale organic farming and greenhouse production! Ongoing training is provided. The Kitchen Community Garden also has community garden plots - free for garden volunteers!

For information contact:
Karin Kiewer
The Working Centre
Tel. 519-743-1151 ext. 113

18. Trinity Village Community Garden (Catalpa Greenway Community Garden)

Sponsored by: Trinity Village Care Centre,
2727 Kingsway Drive, Kitchener

Garden location: Trinity Village Care Centre

Garden size: Not Available

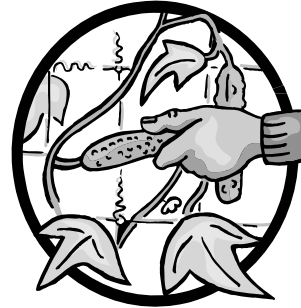
No. of plots: 10

Plot size: Not available

Cost per season: \$10 - \$20

Services provide: Land, water, shed, and tools

Open to: Residents and staff of Trinity Village Care Centre, residents in an adjacent senior housing complex, and neighbours.



The gardens grow a variety of different vegetables along with perennials and herbal plants. The gardeners are a group of friendly, helpful people. Established in May 2000, the garden received community support from the City of Kitchener through a community gardening grant in 2000. A local contractor prepared the garden plots and land. Different activities are held in the garden and they include: a Canada Day celebration, a family picnic, and canning workshops.

For information contact:

Jason Denault

Tel. 519-893-6320

19. Victoria Hills Multicultural Community Garden

This garden requires a group of volunteers to manage the garden.

Garden location: City park land on Victoria Street West between Westmount Road and Fisher Hallman Road

Garden size: Not available

No. of plots: 25

Plot size: 15' x 15'

Cost per season: \$15.00

Services provided: The garden has its own tool shed complete with all the tools; land and water

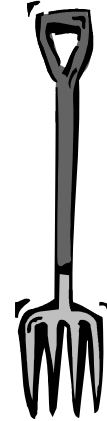
This picturesque garden was started in 1993 as a community building and crime prevention effort by the Safer Community Group in Victoria Hills. It was originally located on Mooregate Ave., but later moved to City park land on the south side of Victoria West off Westmount. Gardeners come from a wide range of cultural backgrounds to enjoy a common interest. The garden has lovely produce and is located near a lovely shade tree where gardeners rest.

For information contact:
Don Starchuck
Tel. 519-635-1697 call only after 6 p.m.

B. Community Gardens in the City of Waterloo

1. Beaver Creek Housing Co-op Community Garden

Sponsored by: Beaver Creek Housing Co-op
Garden location: Beaver Creek Housing Co-op
Garden size: Not available
No. of plots: 20 plots for Beaver Creek Members
Plot size: 5' x 20' (varies)
Cost per season: none
Services provided: land and water
Open to: residents of the Housing Co-op



This garden is a totally green, natural, and pesticide-free. Since 1983, this garden has been maintained in the co-operative spirit. The participants ensure their gardening practices have minimal impact on the environment. Gardeners grow perennials and vegetables using water efficient gardening methods and no pesticides.

For information contact:
Beaver Creek Housing Co-op
590 Bearinger Road, Unit # 7B, Waterloo, ON N2L 6C4
Tel. 519-886-1081

2. Brighton Yards Co-operative Housing Community Garden

Sponsored by: Brighton Yards Housing Co-op
Garden location: Brighton Yards Housing Co-op
Garden size: Not available
No. of plots: 10
Plot size: 10' x 10'
Cost per season: None
Services provided Land and water
Priority is given to residents of the Housing Co-op. Plots are available.

This garden began in May 1997. It was started in order to give co-op members the opportunity to grow food, create a beautiful and social space, and contribute to the co-operative spirit of the housing co-op.

For information contact:
Brighton Yards Housing Co-operative
Tel. 519-886-9242

3. Christ Lutheran Community Garden

Sponsored by: Christ Lutheran Church
Garden location: Next to the church, 445 Anndale, Waterloo
Garden size: Not available
No. of plots: 35 - some raised bed plots
Plot size: Not available
Cost per person: \$10.00
Services provided: Land and water
Open to: Surrounding neighbours

A great garden with lots of sunshine! Location is very accessible with great diversity in gardeners - friendly people with a wealth of garden information. This garden was established in May 1999 with support from the Food Bank of Waterloo Region, a Waterloo Region 25th Anniversary Community Grant, and the City of Waterloo (land preparation and water hook-up). Gardeners include members of the Church, Food Bank garden referrals, and neighbours.

For information contact:
Christ Lutheran Church
445 Anndale, Waterloo
Tel. 519-885-4050



4. McDougall Road Garden

Sponsored by: Private Citizen
Garden location: 52 McDougall Road, Waterloo
Garden size: 70' x 30'
No. of plots: 8-9 plots
Plot size: 5' x 28'
Cost per person: \$20/yr (mainly to pay for water)
Services provided: Compost, wood chips and delivery charges paid by owner
Open to about 14 gardeners – some gardeners share plots

For information contact:
Andrew Copp
Tel. 519-725-2993

5. Mount Zion Community Garden

Sponsored by: Mount Zion Lutheran Church
Garden location: This garden is located on property of Mount Zion Lutheran Church at 29 Westmount Road South in Waterloo
Garden size: 80' x 38'
No. of plots: 14
Plot size: 10' x 10'
Cost per season: \$15.00 which is refunded at the end of the year after clean-up
Services/equipment provided: Own water tank, compost bins and tool shed
Open to: Residents of the neighbourhood and the larger community

Garden produce is great! The garden is located on Mount Zion Lutheran Church property which is located in a residential neighbourhood close to downtown Waterloo. We began in 2002 with the help of a grant from the Community Garden Network of Waterloo Region.

For information contact:
Joan Brunger
Tel. 519-885-3314
jbrunger2518@rogers.com



6. Regal Acres Community Garden

Garden plots still available for 2007.
Sponsored by: Community Ministry
Garden location: Union Street at Moore Avenue (Garden behind the building of a small plaza. Call Donna for directions.)
Garden size: Not available
No. of plots: 12
Plot size: Different sizes
Cost per season: None
Services provided: Land, water, and a shed
Open to: Neighbourhood residents and other interested people

This garden was established in May, 1999, with support of the Community Ministry of St. Mark's Lutheran Church, the Food Bank of Waterloo Region, Regal Financial Planners (donated land), Clemmer Industries (donation of a water tank), and a Waterloo Region 25th Anniversary Community Grant (1999).
The gardening is open to people of all ages from Waterloo Region.

For information contact:
Donna Keddie
Tel. 519-885-2803

7. Sunnydale Friendship Community Garden

Sponsored by: Sunnydale Community Association
Garden location: Located in the Park beside the Community Association
Garden size: Not available
No. of plots: 10
Plot size: Not available
Cost per season: \$10.00
Services provided: Tool shed complete with gardening tools; land and water
Open to: Neighbourhood residents

This garden attracts a diverse group of people from many different backgrounds. The language of gardening overcomes many language barriers. It's a garden that builds community. The garden brings new light to the community generating collaboration and cooperation. The garden plots are advertised through the association.

For information contact:
Sunnydale Community Centre
Barbara Brownell or Sarbast Rasheed
514-C Sunnydale Pl.
Waterloo, ON
Tel. 519-883-0410



8. The Good Earth Garden

Sponsored by: St. John's Evangelical Lutheran Church
Garden location: Behind St. John's Evangelical Lutheran Church
Garden size: Not available
No. of plots: 90
Plot size: 10' x 12' - some gardeners may have two plots
Cost per season: \$10.00
Services provided: This garden has its own garden tools and shed
Open to: Neighbourhood residents

A lovely organic garden with an old fashioned water pump. The garden is nestled beside a grand shade tree and has both sun and shade. Gardeners can relax at the picnic table on the side. This peaceful garden was started in May 1999 by local residents, the church and the Food Bank of Waterloo Region.

The City of Waterloo helped to prepare the land.

For information contact:

Robert Goodale

St. John's Evangelical Lutheran Church

22 Willow Street Waterloo, ON N2J 1V5

Tel. 519-729-4598

9. The University of Waterloo Community Garden

Sponsored by: Land donated for use by the University of Waterloo; Waterloo Environmental Studies Endowment fund

Garden located: University of Waterloo; North of Westmount North past Columbia Lake.

Garden size: Not available

No. of plots: 10

Plot size: Not available

Cost per season: None

Services provided: Land and water

Open to: UW Community and anyone associated with the University of Waterloo

Two garden styles exist. One garden is run with individual garden plots with shared tasks; while the other garden operates as one large communal garden where members garden together.

Gardeners needed.

For information about individual garden plots contact:

Jason Rochon

University of Waterloo

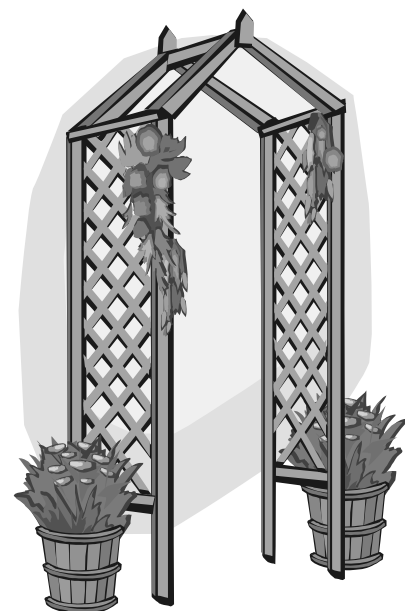
Tel. 519-888-4567 ext 33518

For information about the communal garden contact:

Candace Wormsbecker

Tel. 519-886-4185

clstryke@fes.uwaterloo.ca



C. Community Gardens in the City of Cambridge

Two new gardens started in 2006.

1. Fiddlesticks Neighborhood Association Community Garden

Sponsored by: Avenue Road Baptist Church and Fiddlesticks Neighbourhood Association

Garden Location: Fiddlesticks Neighbourhood Association, 71 Cowan Blvd., Cambridge

Garden Size: 45' X 41'

No. of plots: 14

Plot size: 5' X 20'

Cost per season: \$10

Services provided: Land, tilling, use of tools and water; fenced area

Open to: Surrounding neighbours (preference given, but not limited to, those in the Fiddlesticks neighbourhood.)

This garden is situated on the grounds of the Ferguson Homestead in Cambridge, on a sunny hilltop plot. This garden returned in 2006 as a partnership between Avenue Road Baptist Church and Fiddlesticks Neighbourhood Association. Open to anyone who wants to grow their own produce and flowers. A great place to meet your neighbours. Some of the garden is planted with vegetables to be donated to agencies that provide food security to residents of Cambridge.

For information contact:

Brian Craig

Avenue Road Baptist Church

Tel. 519- 621-4391

pastorbrian@rogers.com

2. Popcorn House Community Garden

For information contact:

Chris Hayhoe

chris@fvm.on.ca



Please Note: The Preston Heights area would like to start a garden. If you have land or could sponsor the garden please call Carol Popovic 519 883-2004 ext. 5336

D. Community Gardens in Other Parts of the Region

1. Woolwich Community Gardens

Sponsored by: Woolwich Community Services

Garden Location: Two locations: Corner of South Street and Snyder Avenue in Elmira, and corner of First Street and Arthur Street

Garden Size: Not available

No. of plots: 15

Plot Size: 20' x 20' (negotiable)

Cost per person: \$15.00

Services provided: Land, tilling, and fertilizing

Open to: The public

These gardens have excellent soil and are enjoyed by many people - gardeners and public alike. The South Street garden has a lovely shaded area for gardeners to rest with lots of parking available. The First Street garden is adjacent to the Horticultural Society's Floral Garden close to the Visitors Bureau. The gardens share a common tool shed with gardening tools.

Established in 1993. Land is donated by Woolwich Township.

For information contact:

Kelly Christie

Woolwich Community Services

73 Arthur St. S., Elmira, ON N3B 2MB

Tel. 519-669-5139

kelly_wcs@yahoo.ca

2. Living Waters Community Garden

Sponsored by: Living Waters Community Church

Garden Location: 45 Hincks Street, New Hamburg

Garden Size: Not available

No. of plots: One large communal plot

Plot Size: N/A

Cost per season: None

Services provided: Water on site, everyone brings own tools

Open to: The public

The Living Waters Community Garden is a communal garden where everyone gardens one large plot together and shares the produce. Gardeners have a lot of fun and benefit from produce grown in the garden.



Excess produce is donated to people within the community. Anyone is welcome to join the garden.

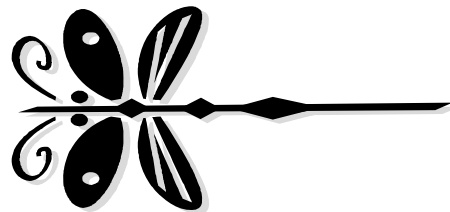
For information contact:
The Living Water Community Church
519-662-3300

3. Wilmot Community Garden

Sponsored by: Trinity Lutheran Church
Garden Location: Hannah Street
Garden Size: Not available
No. of plots: 12
Plot Size: 20' x 12'
Cost per season: None
Services provided: Land, tools, water tank
Open to: The public

This peaceful garden has been running since 1996. It began as a cooperative effort as a means for low income single parents to feed their families. It grew into a community effort where today many individuals benefit. Children learn to garden with their parents and grandparents. Cancer patients have enjoyed the therapeutic benefits. People have pitched in together to make the garden the success it is today. A private member has graciously donated the use of the land where the garden is located.

For information contact:
Maria Baumgartner
175 Waterloo Street
New Hamburg, ON N0G 2G0
Tel. 519- 662-4310



4. Diversity Gardens

Location: This garden is located on Notre Dame Drive, between Petersburg and St. Agatha along a Hydro Services Corridor.
Garden Size: 2 acres
Number of plots: Not applicable
Open: Diversity Gardens is open for self guided tours and workshops.
Cost: Some workshops have a small cost. Other events are free. Upcoming events are posted at www.cogwaterloo.ca

Diversity Gardens is a project of the Canadian Organic Growers – a national charity promoting organic growing. The gardens provide hands on training in growing ornamentals, vegetables, fruits, and herbs using organic techniques. Located along one of the Region's environmentally sensitive planning areas (the St. Agatha forest), the garden provides an ideal place to demonstrate the inter-relationships between food and the environment.

The site has a series of demonstration gardens, a greenhouse, native shrub border, and an outdoor workshop area. On workshop days and when volunteers are at the garden there is access to a demonstration kitchen, a wild crafting studio and washroom facilities.

For information contact:
Krista Mair
kristachris@sympatico.ca



Low – No Cost Equipment and Supplies Source

Appendix A

<p>Water tank, Rain barrel, Drums</p>	<p>1. Clemmer Technologies 2. Region of Waterloo Water Services 3. Brubacher Drums</p>	<p>1. 446 Albert Wloo – Linda Lessard 2. Rain Barrel Day – April 21 7:30 am see www.region.waterloo.on.ca/water 3. RR#2, St Jacobs (on 85 North)</p>	<p>1. 884-4320 2. 575-4426 3. 664-2958</p>	<p>1. Has donated in the past 2. Cost \$30.00 1st come 1st serve 3. about \$35</p>
<p>Free compost bins, compost, woodchips, mulch, wood skids (Self pick-up)</p>	<p>Region of Waterloo Operations</p>	<p>Cambridge. & Waterloo. Landfill Sites Hours: 7 am – 6 pm (Mon – Sat)</p>	<p>1. 883-5100</p>	
<p>Rent a heavier self drive garden tiller –needs to be picked-up by truck or van * some municipalities will provide in-kind support</p>	<p>1. Hertz Equipment Rental 2. A-Z Rental Center 3. Home depot</p>	<p>1. 310 Industrial Road 2. 184 Weber St N, Wloo 3 i) 100 Gateway Park Dr. or 39 Pine Bush, Camb ii)1450 Ottawa S, Kitchener iii) 600 King N, Wloo</p>	<p>1. 519-650-0808 2. 519-885-5590 3. i) 650 7468 or 624-2709 ii) 569-4305 iii) 883-0581</p>	<p>1. Under \$60.00 all inclusive p/u Friday return Monday 2. Cost for heavier self-drive tiller \$37 – 66 (2 – 9 hrs) 3. \$40.00 x 4 hours \$ 57.00 x 24 hrs</p>

Note: Region of Waterloo Rain Barrel Distribution Day: April 21st at Cambridge Centre Mall, Conestoga Mall in Waterloo and Fairview Park Mall in Kitchener, beginning at 7:30 a.m. The price remains \$30 per barrel. There is a limit of one per household, and residents must bring valid I.D. with proof of residency.

Price List for Possible Supplies

Appendix B

Item:	Approximate Cost 2007
Garden tiller (you can rent)	\$329.99 – \$399.99
Fertilizer 1.5 kg; compost aid	\$6.99 each
Wheel barrow	Start @ \$56.99
Garden Tools: Shovel Spade Rake Hoe	Start @ \$15.99 – 29.99 each x 4
Garden hose	\$19.99
Spray nozzle	\$12.99
Hose reel cart	\$42.99
Garden cones	\$14.99
Watering cans –	Start @ \$5.49
Earthzone compact shed (Canadian Tire)	Earthzone = \$169.99 Spacemaker = \$199.00
Cable lock	\$12.99
Picnic table	\$99.00
Fire pit bench	\$49.99
Bulletin board	Dollar store
Fencing border	Dollar store
Trowel, Transplanter, Cultivator Tool Kit	\$6.99 – \$12.99
Hedge/grass shears	\$24.99 – \$39.99
File sharpener	\$6.99 – \$8.99
Other:	

Municipal, Call Before Digging, and Master Gardener List...Appendix C

Cit of Kitchener	Ted Potworka, Supervisor of Horticulture, Community Services Department. ted.potworka@kitchener.ca . Telephone, 519-741-2890 (Ext. 4).	Community Garden Grant. The City offers this grant to assist community garden groups with the start-up of new community gardens within the City of Kitchener. Grant requests are considered four times a year by the Community Services Committee.
City of Waterloo	<p>1. Use of Green Space. Rhonda Larsh, Park Technologist/ MLEO, Parks & Works Services. Telephone, 519-747-8606. Fax# 886-5788. rlarsh@city.waterloo.on.ca.</p> <p>2. For previous use of private land. City Hall - Building Standards. Telephone, 519-886-1550.</p>	<p>1. The City has a “Partners in Parks” policy for Community Vegetable Gardens. Any inquiries about the policy, park land history or underground lines call Rhonda. For digging on private land, call Hydro or Locates.</p> <p>2. Building Standards may have on file what type of building had been located there previously.</p>
City of Cambridge	<p>1. Paul Wilms, Environmental Planner. Telephone, 519 740 4650 ext. 4559.</p> <p>2. Dave Stuart, Director of Parks and Outside Services. Telephone, 519 740 4681 ext 4568.</p>	<p>1. Previous land use history re: possible contamination.</p> <p>2. Green space for garden site.</p>
Hydro	<p>1. North Waterloo Hydro. Telephone, 519 886 5090 ext 577.</p> <p>2. Kitchener – Wilmot Hydro. Telephone, 519 745-4771 x 284 ask for Locates.</p> <p>3. Cambridge North Dumfries Hydro. Telephone, 519 621 3530.</p>	Call the appropriate hydro company before you dig.
Bell, Gas, Water, Sewer Lines	Locates. Telephone, 1 800 400 2255.	Call before you dig for underground lines.
Master Gardeners	Kitchener Area Master Gardeners. http://www.kitchenermg.ca . Telephone, 519-745-4669. Cambridge Area, d-slater@rogers.com	Master Gardeners will provide gardening information free of charge.